Children Looked After Health Report

18.10.17

Targets

All targets from May to September were met for initial health assessments and review health assessments from health.

Month	Target For IHA's	Target for RHA's 100%	Number seen in timescales
2017	100%		
May	100%	100%	60% IHA 75% RHA
June	100%	100%	83% IHA 72% RHA
July	100%	100%	71% IHA 70% RHA
August	100%	100%	60% IHA 75% RHA
September	100%	100%	100% IHA 60% RHA

Monitoring Meetings

Monitoring meetings continue with the CCG and Harrow Council and are now bi-monthly. Monthly reports are still produced.

Work Undertaken

Support to Social Workers on a weekly basis both face to face and via telephone.

Attendance at Social Workers Team Meetings

Delivered training for Harrow Council partnership induction.

Attendance at the Children at Risk meeting.

Attendance at CLA review.

Attendance at MASE (multi agency sexual exploitation) panel.

Attendance at strategy meetings.

Attendance at joint adoption and fostering panel by Designated Nurse and Medical Advisor. Designated Doctor chaired London North West peer support group for CLA Doctors and Nurses. CLA health team provided training to Social Workers and partners in Harrow Council regarding adoption medical advice process. Over 25 people attended and feedback was positive.

Tuberculosis

TB process first implemented by the CLA health team in conjunction with Northwick Park TB team has now been reinstated ensuring that all our UASC are screened for TB and any infectious diseases in a timely manner.

Liaison with Social Worker and Hillingdon Paediatric TB Team as UASC newly diagnosed with TB living out of borough.

Emotional Health

Named Nurse and Specialist Nurse met with the manager of Harrow Horizons. Referral processes and pathways in place. We are monitoring numbers of children referred and outcome of referrals. Director and Clinician from Harrow Horizons attended joint meeting between CLA health, education, CLA Team Manager and YOT. This meeting is a well-established meeting held every 6-8 weeks to discuss CLA.

Young person seen for follow up of health needs following admission to hospital for exacerbation of mental health needs. Specialist Nurse visited young person at her current placement with her key worker. Plan to see her again in a couple of months, health promotion advice and contact details of CLA health team given.

Trust Headquarters, Stephenson House, 75 Hampstead Road, London NW1 2PL Telephone: 020 3214 5700 Fax: 020 3214 5701 www.cnwl.nhs.uk











Liaison with carer, social worker, virtual head and out of borough CAMHS team for vulnerable young person placed out of borough to ensure coordination of their health needs including assessment for learning needs.

Care Leavers and Health Passport Update

Specialist Nurse and GPwSI attended Care Leaver Conference. The theme for the event was cultural diversity. The CLA health team asked the young people to undertake a health quiz and to obtain their views about health. Approximately 40+ care leavers in attendance with many participating in having their height and weight checked.

Health quiz included in 'Particip8' magazine for CLA. Children's participation officer analysed the responses and shared the results with our team so that we can focus on targeted health issues.

Health Assessments – Creative Working

Health assessment for child placed out of borough brought forward to enable medical advisor to write report for the agency decision maker.

Health assessment for child placed out of borough. Carer cancelled review health assessment appointment due to friends/family members affected by the Grenfell Tower fire. Appointment rearranged and child seen at school within time scales. Discussion regarding the fire as another child from the school was missing. Discussion with teachers, carer and social worker regarding support.

Specialist Nurse arranged a review health assessment at short notice at Harrow Civic Centre. Young person has been non-compliant, had lots of placement changes and has been placed out of borough. Young person moved back to Harrow temporarily and Specialist Nurse and Social Worker took the opportunity to see the young person who attended for her review health assessment accompanied by her birth mother.

Specialist Nurse undertook health assessment at a specialist school for children with Autism following liaison with birth mother, Social Worker, and specialist support worker.

Other Activity

Updated the health information for permanency process.

Sue Sheldon will take on the Designated Nurse role for CLA within Harrow CCG and Emma Hedley will be the Named Nurse for CLA.

Future Plans

To continue to work in partnership with Harrow Council to improve timeliness of requests for IHA's. Annual client satisfaction audit started September for 3 months.

Annual Report completed and will be presented at the next Corporate Parenting Board.

Report by Emma Hedley – Named Nurse For Children Looked After Harrow, CNWL. 18th October 2017

Appendix 1 - Comments from CLA, Care Leavers, Birth Family, and Carers Appendix 2 - Health Questionnaire

Appendix 1

Comments from CLA, Care Leavers, Birth Family, and Carers.

'It really helped me and gave me an idea about my body'

'Really good and informative. I like the work sheet, allowed us to clearly discuss issues and improvement towards my health' (16)

'It was ok' (15)

'I feel that this thingy was really good for my health' (7)

'I have seen Dr Bina she have provide me basic information what to do on the next few weeks such as to see the Doctor, to see optician, to see dentist and to have a vaccination with the Doctor. She help me what to do to be active as well'(16)

'Very professional, warm and lovely interaction with X' (paternal aunt)

'It gone ok and good' (11)

'I thought the review went good because I could tell the doctor everything about my health' (13) 'It good for me' (6)

'This assessment went exactly how I expected it to go' (12)

'I found it good because it telled me what I need to do and stop doing although my health was perfect' (10)

'Little bit good. I answered hard questions'

'Helpful because I have grown' (13)

'I found this health assessment useful' (17)

'Gave me more ideas and things to think about to do in summer like other sporty activities. I liked the way she was interested in the thing I enjoy doing. Gave me a list of people I could talk to if I'm upset. Sorted out a big problem. Overall I am happy with the way the assessment went' (17)

'I found this very, very good because Laurie asked if I wanted to be alone or not and not many people ask you that! Everything went well' (11)

'I found this very very interesting and I liked the fact that we always have the same nice person instead of having different people every health care meeting! P.S you are the best health caring person ever! (8)

'I thought it was quite helpful and useful. Now I am able to know a variety of new stuff that I hadn't been before all about me' (13)

'It was good and fun' (10)

'Good listener, nice' (13)

'I think it was very useful and I found out a lot of different ways I can change for the better and I felt comfortable saying private things (16)

'The health assessment was good and I really appreciate the kindness of the doctor thanks' (14)

'The assessment was good. I am satisfied' (14)

'I don't want to ask me about my step dad'

'It went well good questions and it helped to speak about things that stress me out' (17)

'Very good. The doctor is friendly and kind' (16)

Birth Family comments -

'Dear Emma thank you so much for your patience and tenderness. All your advice is much appreciated. What a very warm welcome! (Birth Father)

'Very good, got all information needed about baby and myself. The doctor was very pleasant and the health assessment went well. No concerns and I don't think anything needs to be improved' (Birth Mother)

'I found it very good and helpful' (Birth Mother)

Feedback from Foster Carers

'The doctor was efficient pleasant and great with the baby. Not too intrusive so the medical was over quickly'

'Very polite and helpful had a very good experience and very happy'

'It was helpful to have baby weighed and checked to make sure she is developing well and on target'